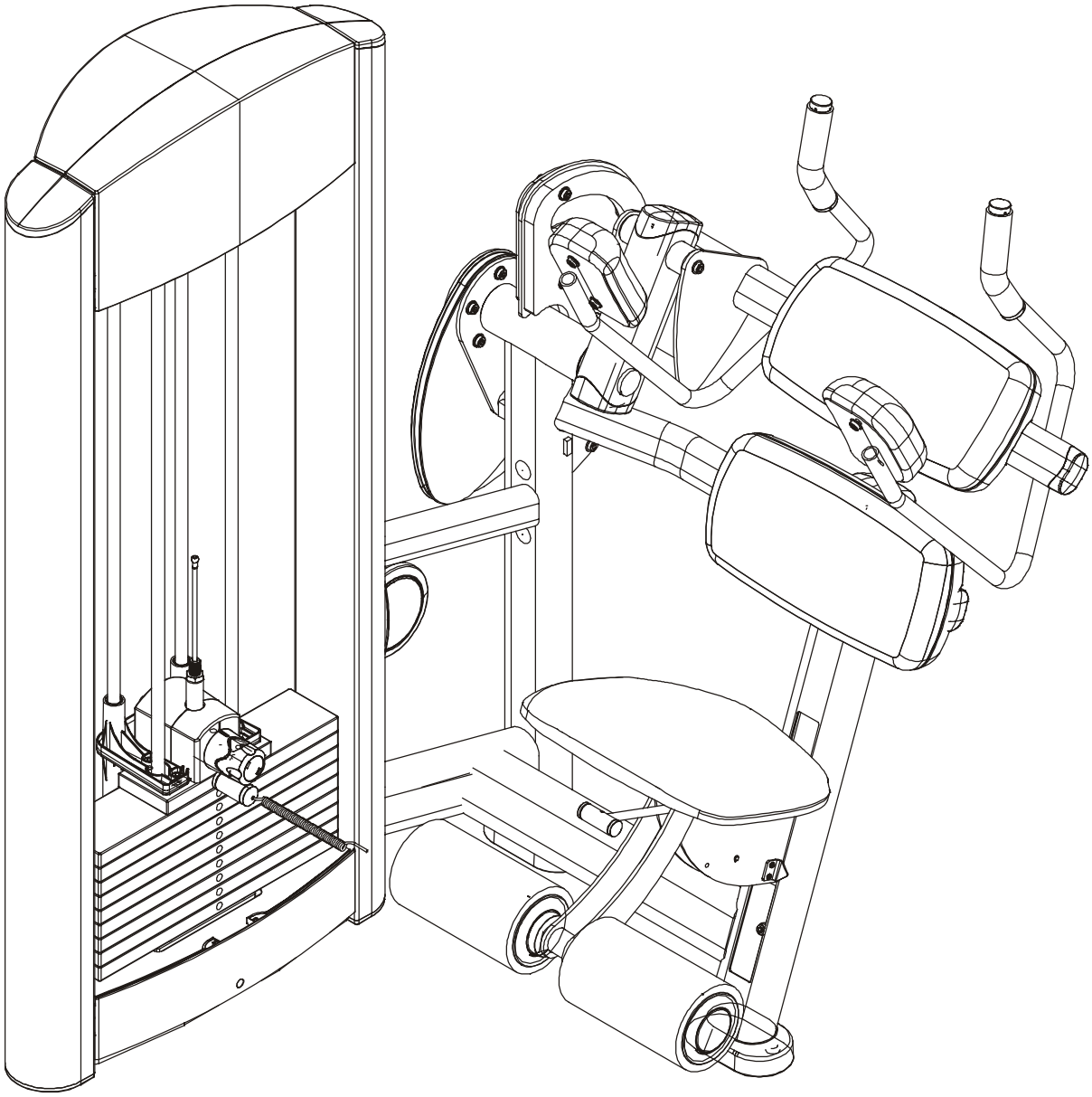
LifeFitness

SIGNATURE SERIES

ABDOMINAL



Customer Support Services

PARTS MANUAL

SIGNATURE SERIES ABDOMINAL

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SIGNATURE SERIES ABDOMINAL
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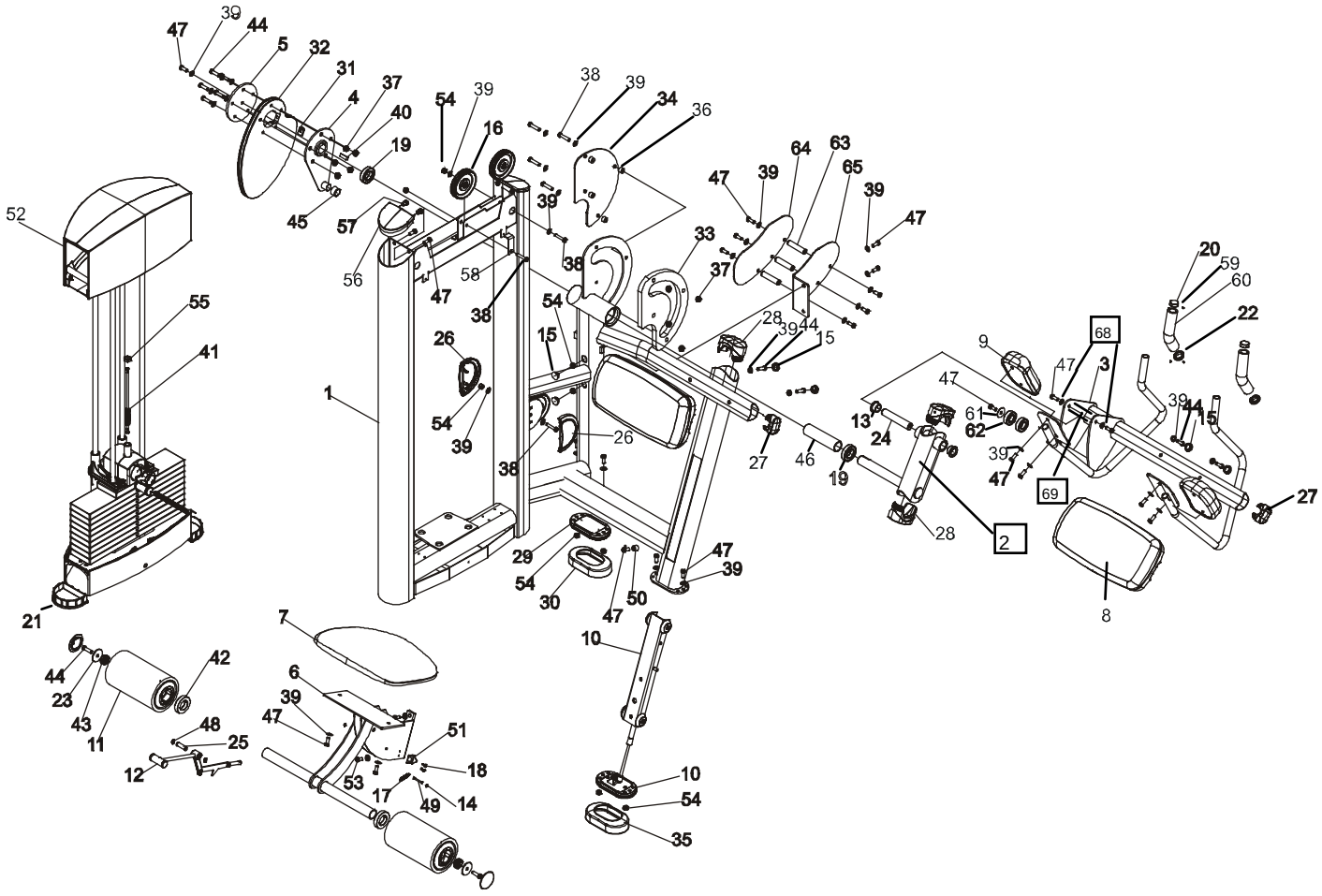
SIGNATURE SERIES – ABDOMINAL

Exploded Assembly



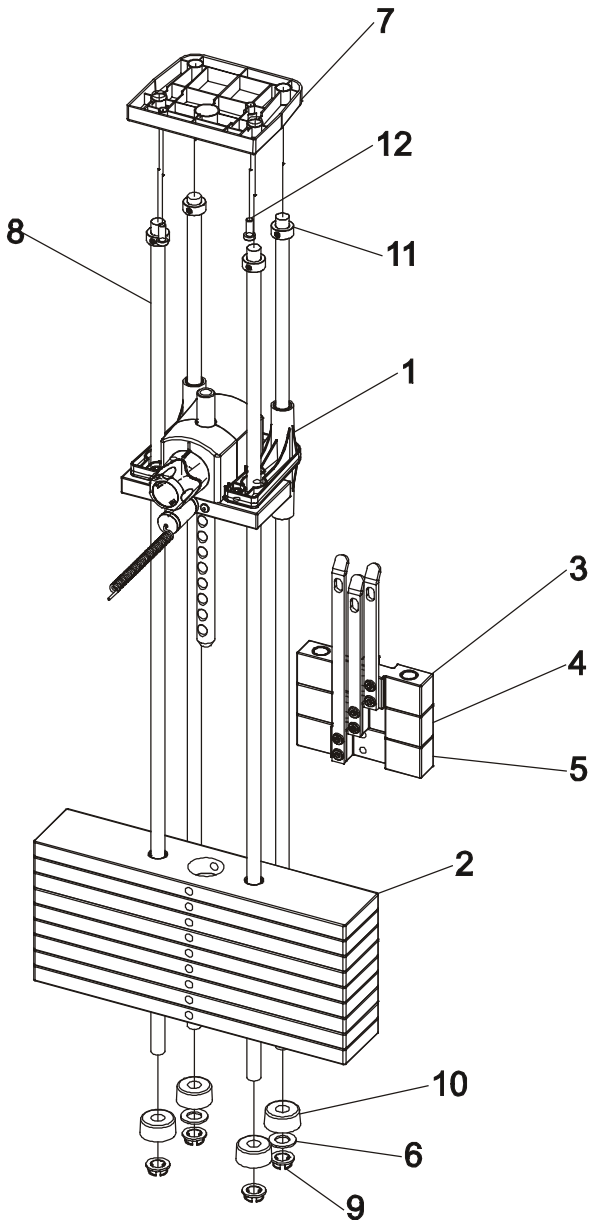
SIGNATURE SERIES – ABDOMINAL

Legend

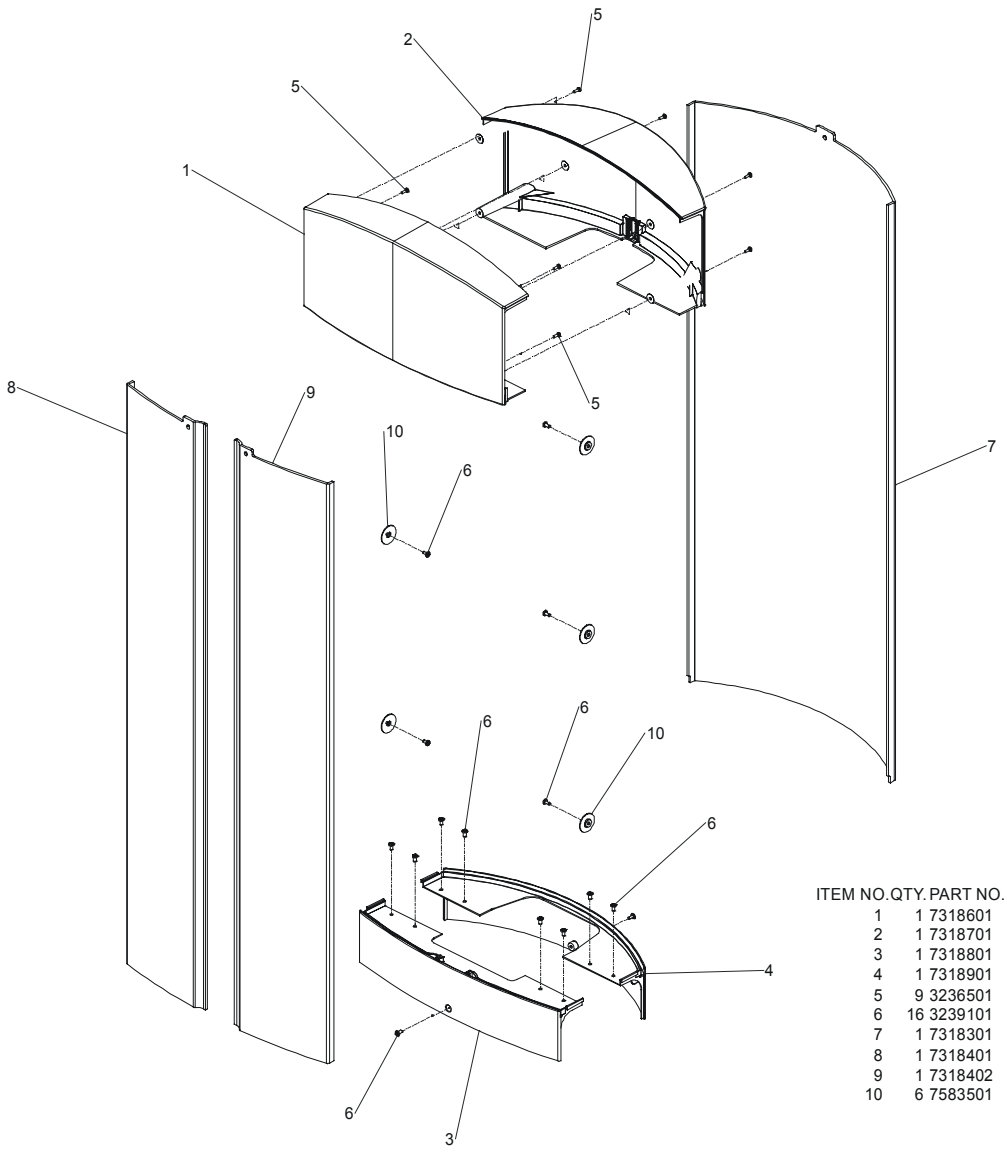
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	RMA	WLDMT, FZAB FRAME
2	1	7764001	WLDMT, FZAB PIVOT ARM
3	1	7492901	WLDMT, FZAB WORK ARM
4	1	7493601	WLDMT, FZAB CAM SPPRT
5	1	7329101	PLATE, FZ, CAM COVER
6	1	7493801	WLDMT, FZAB SEAT SUPPORT
7	1	7297201	PAD, LARGE CHAIR
8	2	7468901	PAD 18 X 9 CONVEX
9	2	7393301	PAD, ARM REST
10	1	7557501	ASSY, FZ SEAT CARRIAGE
11	2	7424701	ASSY, ROLLER PAD - SHORT
12	1	7563301	ASSY, FZAB ADJUSTER HANDLE
13	2	3104903	1.00" ID 1.25" OD BRONZ BUSHING
14	2	3232401	RING, RETAINING, EXTERNAL
15	6	3237403	PLUG, 1" HOLE
16	3	3237801	PULLEY, 4.5" OD
17	1	3239201	SPRING, EXT, .375 X .049 X 2.00
18	2	3241201	M4 PHL PAN F ST ZN
19	2	3243201	BEARING, 6007 BALL
20	3	7306900	CAP, GRIP
21	2	7308701	CAP, BEARING HOUSING
22	3	7315602	RING, GRIP
23	2	7322301	PLATE, 1.97 OD X .44 ID 10GA
24	1	7324902	SHAFT, TAPPED 1 DIA X 5.330
25	1	7331701	SHAFT, PIVOT X 1.580
26	2	7333601	COVER, PULLEY- PARTIAL
27	2	7333801	CAP, SMALL FLOV- END
28	3	7333901	CAP, LARGE FLOV- END
29	1	7334001	FOOT, 2.50 X 4.49 FLOV
30	1	7340201	COVER, FOOT - STRAIGHT
31	1	7342201	PLATE, CABLE END
32	1	7489301	CAM, FZAB
33	1	7494101	CAM, FOLLOWER FZAB
34	1	7560601	SHROUD, FZAB CAM
35	1	7419601	COVER, FOOT-20 DEG.
36	4	7385203	SPACER, .406 X .750 X .500
37	9	7335401	NUT, M10 X 1.5 SOCKET HEAD
38	7	3236206	SCREW, M10 X1.5 45MM
39	40	3236601	WASHER, 3/8 SAE SS
40	1	7511601	KEY, .375 SQUARE X 1.25
41	1	7423710	CABLE, FZAB
42	2	7357901	SHAFT COLLAR, 1-1/2" ID ALUM
43	2	7347301	NUT, SPIDER M10 X 1.5
44	11	3236204	SCREW, M10 X1.5 35MM
45	1	7481201	BRNG, 25M X 30M X 20
46	1	7511505	SPACER, FZ/PS INTERNAL 6.345
47	29	3236202	SCREW, M10 X1.5 25MM
48	2	3232409	RING, RETAINING, EXTERNAL
49	1	7407502	PIN, LINK
50	1	7385202	SPACER, .406 X .750 X .688
51	1	7425295	BRKT, SEAT INDICATOR
52	1	7420301	ASSY, MID TOWER-9
53	2	3236201	SCREW, M10 X1.5 20MM
54	9	3236801	NUT, M10 HEX NYLOCK SS
55	1	3236902	NUT, M16 X 2 HEX JAM SS
56	2	7326201	CAP, D-TUBE - TOP
57	4	3238601	M10X1.5 BLIND THREADED INSERT (HEX)
58	1	6757701	CLIP, CABLE 2-7/8 X 1 X 1
59	8	3237201	M3 X .5 HXS NO CUP ST BO
60	2	3235802	GRIP, SHADOW GREY OPEN END
61	1	3236701	WASHER, FENDER 3/8" ID X 1.5" OD SS
62	2	3235601	BEARING, 6205 BALL
63	3	7324801	SPACER, TAPPED 0.75 DIA X 3.25
64	1	7582701	PLATE, FZAB CAM GUARD
65	1	7582601	BRKT, FZAB CAM GUARD
68	2-	7764401	FLANGE SPACER
69	1-	7764301	TAPPED SHAFT

SIGNATURE SERIES – ABDOMINAL

Weight Stack



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7350601	ASSY, HEAD PLATE (9)
2	9	7328401	WEIGHT PLATE, 20 LB
3	1	7327601	ASSY, INCREMENT WT - 5 LB
4	1	7327701	ASSY, INCREMENT WT - 10 LB
5	1	7327801	ASSY, INCREMENT WT - 15 LB
6	2	3240601	WASHER, FLAT 3/4" STAINLESS
7	1	7357501	RETAINER, GUIDE ROD - TOP
8	4	7328602	GUIDE ROD, .75 OD SOLID 53.50
9	4	7337901	BUSHING, GUIDE ROD
10	4	7352101	CUSHION, WEIGHT STACK
11	4	3103301	SHAFT COLLAR, 3/4 I.D. ZINC
12	2	3236202	SCREW, M10 X1.5 25MM



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7318601	COVER, TOWER- TOP FRONT
2	1	7318701	COVER, TOWER- TOP REAR
3	1	7318801	COVER, TOWER- BOTTOM FRONT
4	1	7318901	COVER, TOWER- BOTTOM REAR
5	9	3236501	M4 X 0.7 PHL PAN MS ST ZN
6	16	3239101	SCREW, M5X10 PHL PAN TT ST
7	1	7318301	SHROUD, TOWER- REAR SHORT
8	1	7318401	SHROUD, TOWER- FRT SHORT RH
9	1	7318402	SHROUD, TOWER- FRT SHORT LH
10	6	7583501	RETAINER, FZ SHROUD